

Books and Articles

Vicarious Trauma in Attorneys, Andrew P. Levin & Scott Greisberg, 24 Pace L. Rev. 245 (2003)

Stress, Burnout, Vicarious Trauma, and Other. Emotional Realities in the Lawyer/Client Relationship, Majorie A. Silver, Sanford Portnoy & Jean Koh Peters, 19 Touro L. Rev. 847 (2004).

Vicarious Resilience: A New Concept in Work with Those Who Survive Trauma, Pilar Hernandez, David Gangsei, & David Engstrom, 46 Family Process 229-241 (2007).

Trauma Stewardship: An Everyday Guide to Caring for Self While Caring for Others, Laura van Dernoot Lipsky, Berrett-Koehler Publishers, 2009

To Weep for a Stranger: Compassion Fatigue in Caregiving, Patricia Smith, CreateSpace Independent Publishing, 2009

Secondary Trauma and Burnout in Attorneys: Effects of Work with Clients Who are Victims of Domestic Violence and Abuse Andrew P. Levin, MD, ABA Commission on Domestic Violence, 2009, available at:

https://www.americanbar.org/newsletter/publications/cdv_enewsletter_home/expertLevin.html

Exploring the Impact of Trauma on Therapists: Vicarious Resiliency and Related Concepts in Training, Pilar Hernandez, David Engstrom, & David Gangsei, 29 J. Systemic Therapies 67-83 (2010).

Why Getting Professional Help During Law School Won't Prevent You from Getting a License to Practice Law, David H. Baum, University of Michigan Law School, 2011, at:

https://www.law.umich.edu/currentstudents/studentservices/WellnessatMLaw/Documents/getting_professional_help.pdf

The Toll of Trauma, Dianne Molvig, Wisconsin Lawyer, 2011, available at:

<https://www.wisbar.org/newspublications/wisconsinlawyer/pages/article.aspx?volume=84&issue=12&articleid=2356>

Compassion Satisfaction: 50 Steps To Healthy Caregiving, Patricia Smith, CreateSpace Independent Publishing 2012

Reimagining the Ignatian Examen, Fresh Ways to Pray from Your Day, Mark E. Thibodeaux, Loyola Press, 2015

Websites

Compassion Fatigue Awareness Project

<http://www.compassionfatigue.org/>

Lawyers Concerned for Lawyers

<https://www.mnlcl.org/>

Trauma-Informed Legal Advocacy (TILA) Project

[http://www.nationalcenterdvtraumamh.org/trainingta/trauma-informed-legal-advocacy-tila-project/National Center on Domestic Violence, Trauma & Mental Health](http://www.nationalcenterdvtraumamh.org/trainingta/trauma-informed-legal-advocacy-tila-project/National%20Center%20on%20Domestic%20Violence,%20Trauma%20&%20Mental%20Health)

Ryan Holiday, Meditations on Strategy and Life

<https://ryanholiday.net/>

Other Resources

Trauma Informed Legal Advocacy (TILA) in Asylum & Immigration Proceedings, A Curated Selection of Resources for Attorneys and Legal Advocates

[http://www.nationalcenterdvtraumamh.org/wp-content/uploads/2013/08/TILA bib for immigration asylum attorneys final.pdf](http://www.nationalcenterdvtraumamh.org/wp-content/uploads/2013/08/TILA_bib_for_immigration_asylum_attorneys_final.pdf)

PowerPoint: A Trauma Informed Approach to Attorney/Client Relationships and Collaborations: Strategies for Divorce, Custody, Protection Orders, and Immigration Cases, (National Immigrant Women's Advocacy Project, American University Washington College of Law), 2015

<http://library.niwap.org/wp-content/uploads/Powerpoint-Trauma-Informed-Approach-to-AttorneyClient-Relationships-and-Collaborations-1.pdf>

Podcast: Conspiracy and Resilience with Ryan Holiday

<https://lawyerist.com/podcast-166-ryan-holiday/>

App: Headspace, Mindfulness Made Simple

<https://www.headspace.com/>

App: Calm, A Mindfulness App

<https://www.calm.com/>

App: Aura

<https://www.aurahealth.io/>