

Mental Health, Wellbeing, and Wellness Resources

College of Law Resources

Let's Talk -once a week a counselor from the University's Counseling and Mental Health Center (CMHC) is available in person (Moscow) or through virtual appointments.

CMHC provides other ongoing mental health services and is located in Moscow. CMHC partners with counseling services at Boise State University for Vandals in the Treasure Valley.

Student Wellness Fairs in both College of Law locations each fall featuring therapy dogs, massages, and many other health and wellness resources.

Wellness Room - a student only space that can be used for lactation, meditation or other restorative activities.

Academic Success, Bar Exam Success, and Career Services support services.

Food Pantry at both locations.

Professional Attire Program.

Assistant Deans of Students at each College of Law location.

Donuts with the Deans each month.

University of Idaho Resources

Student Rec Center -- voted one of the best student rec centers in the nation!

Counseling and Mental Health Center (CMHC).

Center for Disability and Access Resources (CDAR).

Office of Civil Rights and Investigations (OCRI) and Title IX Services.

Annual Vandal Fest each fall.

Student Health Services and Vandal Health Clinic.

Women's Center.

Vandal Green Dot Safety Program.

Safe Walk Campus Ride Program.

Student Military and Veterans Programs.

LGBTQA Office.

Student Diversity Center.

VandalCARE: Report a Concern.

Vandal Health Education Program.

Student Organizations

Student Bar Assocation ($\bar{S}BA$)- student governance at the College of Law.

Associated Students University of Idaho (ASUI) – student governance for all University students.

Intramural Sports & Activities Leagues.

Check out Engage Uldaho -- a hub for all campus events and browse over 200 student organizations.