

Working with Students: Practical Strategies for Active Stress Intervention

Barbara Glesner Fines – University of Missouri Kansas City

Marty Peters – University of Iowa

This presentation is for anyone who works with law students in a setting that promotes personal mentoring or support. We will present a model for stress intervention and illustrate its applicability through numerous exercises. These exercises teach stress management strategies to use directly with students. We will address the issue of boundaries to intervention and when to refer students to other professionals.